

Xinachtli's Medical Records Expose the Severity of His Condition and the Urgent Need For His Release

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Chicano revolutionary political prisoner Xinachtli continues to experience severe medical neglect and elder abuse after decades of solitary confinement and torturous conditions in Texas prisons.

Through legal action, campaign mobilizations, and support from external medical professionals and advocates, a clearer picture of the state's medical malpractice has emerged. Medical records obtained through the legal process and reviewed by an independent licensed physician reveal that Xinachtli is suffering from numerous chronic and life-threatening conditions while being denied proper evaluation and treatment necessary to prevent his death.

These records expose not only the severity of his condition and the urgency of his release, but also the cruelty and indifference embedded in Texas prison medical practices. None of this critical health information was shared with Xinachtli before his attorney accessed the records. Medical practitioners at UTMB in Galveston were aware of these conditions and withheld the information from him, demonstrating disregard for his medical well-being and for the compounded harm caused by decades of solitary confinement and prolonged nutritional deprivation.

Medical records from Xinachtli's time under UTMB care in December show that he has suffered from a heart condition and a stroke, is at high risk for colon or prostate cancer due to sudden, unexplained weight loss, and has never been screened for colon cancer or undergone an endoscopy. He also has a hernia, at least one potentially irreversible and progressive neurological condition, and additional serious health issues that were never disclosed to him until his lawyer obtained his records.

"The chronic medical neglect that has resulted in very poorly controlled blood pressures as documented in the medical record from McConnell and 20+ years of indefensible solitary confinement are risk factors for dementia. He does exhibit a vascular pattern of cognitive impairment on recent neurological screening. And evidence of vascular injury is apparent in a small right parietal stroke and old septal infarct discovered during his hospitalization, neither of which he was ever informed by TDCJ medical staff," Dr. Dona Kim Murphey [writes in a medical request](#) dated January 19, summarizing her review of his medical records.

Xinachtli has also spoken directly to this neglect:

"I've never been told the diagnosis. They never told me. I want the public to really understand the medical neglect. The examinations of me are incomplete as Dr. Murphy states in her letter."

On the evening of December 24, Xinachtli was violently removed from UTMB Hospital in Galveston and placed in a disciplinary cell at the McConnell Unit. These records confirm that doctors knew his health was in critical condition, including a risk of cancer, yet he was still removed from medical care and placed in a cell with no water and no electricity. This constitutes criminal torture by the Texas Department of Criminal Justice that should be investigated immediately by local, state, and international regulatory bodies.

Following a public pressure campaign, Xinachtli was transferred to the Carole Young Medical Unit in Dickinson, Texas, where he remains today. However, it remains unclear where he will be transferred once his current placement ends in late February.

On Friday, January 16, Xinachtli was taken to the UTMB emergency room after a nurse found blood in his urine. He was later returned to Carole Young, where he continues to lack access to his personal property from McConnell, still has not had his commissary access restored after months without his ID, and remains housed in a facility incapable of meeting his medical needs. These unmet needs include physical therapy, critical medical evaluations and procedures, and he requires an appropriate diet to ensure that he does not suffer from further deficiencies or exacerbate his chronic conditions, putting him at greater risk for progression of neurological disease. The state must immediately return him to the hospital and complete all necessary diagnostic and treatment steps.

In light of the medical information that was deliberately withheld from him, Xinachtli is now demanding that the Texas Department of Criminal Justice immediately provide a colonoscopy and any other necessary evaluations to check for cancer, as well as complete all other examinations and treatments needed to address his serious medical conditions, including his hernia and other health issues.

Despite these deeply concerning revelations, Xinachtli remains defiant, steadfast, and optimistic that victory and freedom are near. International organizations, including Amnesty International, the Jericho Movement, and others, people around the world, and fellow political and politicized prisoners recognize that Xinachtli remains in these conditions because of his unwavering commitment to justice and the liberation of oppressed people from modern-day slavery and colonialism. The deprivation and conditions are the most recent form of targeted retaliation for his lifetime of human rights advocacy.

"He [Xinachtli] has worked tirelessly to free other people from the dungeons of the state of Texas...who has been in solitary confinement for over 20 years. By the way Xinachtli is now encaged in a cell with no running water. Talk about Texas. Free Xinachtli," political prisoner Mumia Abu-Jamal said in a recording shared at a fundraiser hosted by the Partisan Defense Committee in New York City on January 25.

"Texas prisons hold the most people in the country in solitary confinement—a state of confinement that the UN has deemed to be psychological torture and is against international standards for the treatment of prisoners. Texas continues to ignore that standard and continues to torture Xinachtli as well as thousands upon thousands of individuals in the Texas prison systems," Texas politicized prisoner Monsour Owolabi said in a recent conversation published in the Xinachtli Freedom Campaign newsletter.

Beyond immediate medical intervention, we demand TDCJ remove Xinachtli from solitary confinement and release him on Medically Recommended Intensive Supervision, based on the severity of his condition, his advanced age, and the prolonged abuse he has endured.

TDCJ continues to move Xinachtli without a plan for appropriate placement while facing continued legal action for their abuse. Carole Young cannot provide the specialized diet or comprehensive care he needs. McConnell will not house him. The hospital continues to discharge him. This continued treatment places his life at risk.

Xinachtli requires Medically Recommended Intensive Supervision so he can receive proper medical care and the humane treatment this 73-year-old revolutionary deserves. Without immediate action, Texas will continue to face mounting pressure from the community and in the courts, as people around the world demand: FREE XINACHTLI.

“This is what the criminal system represents. We are number 1 in the nation (Texas) statistically for this racist system, POC make up the majority, Black, Chicano, Undocumented, Native...and I’m not going to stop talking about it! They will never cut my tongue! I won’t stop until they are exposed for their crimes against humanity!”