

**POLITICAL PRISONER:**

*A person incarcerated for actions carried out in support of legitimate struggles for self-determination or for opposing the illegal policies of the government or its political subdivisions.*  
(Special International Tribunal on the Violation of Human Rights of Political Prisoners and Prisoners of War in the United States Prisons and Jails, December, 1990.)

**RUNNING DOWN THE WALLS:**

On Sunday, July 31<sup>st</sup>, 2011 at 10 a.m., the Los Angeles Anarchist Black Cross will host a 5k run / walk / jog / bike at MacArthur Park, in downtown Los Angeles, CA. This event is designed to raise much-needed funds for the ABCF Warchest and Revolutionary Autonomous Communities (RAC)

**RAISING FUNDS:**

Our goal for this year's run is \$3,500. Funds will be divided between the following:

- **The Warchest Program** was created in November of 1994. Through the program, The ABCF sends monthly financial support to Political Prisoners and Prisoners of War (PP/POWs) who have received insufficient, little, or no financial support during their imprisonment. Funds from the Warchest are distributed through monthly stipends to the political prisoners in need. Prisoners use this money to cover the basic necessities of everyday living. Since its inception, the ABCF has raised over \$56,000 through the Warchest program.

- **Revolutionary Autonomous Communities (RAC):** was created in the aftermath of the May Day 2007 police riot targeting migrant workers who dared stand up for our human rights. Members of the MacArthur Park area and others joined together to support those with no papers and those with no means. RAC-LA came forward to aid the community in self-organizing such that with the help of each other we might make an inhuman way of living a bit more bearable while at same time acquiring the means to one day transform this system into an image of our own humanity.

# RUNNING DOWN THE WALLS SPONSOR SIGN-UP

**Runner's Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Runner's Contribution:** \_\_\_\_\_

**Sponsor #1:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #2:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #3:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #4:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #5:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #6:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #7:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #8:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Total funds raised:** \_\_\_\_\_

Please use a separate sheet of paper for additional sponsors/contributions. The completed forms must reach LA-ABCF, P.O. Box 11223 • Whittier • CA • 90603 by August 15, 2008. Remember to make checks out to Tim Fasnacht.

### **SUPPORT THE STRUGGLE:**

Remember that many of those arrested in the past or present are not far from us. Many of them were and are community and labor activists, queer and environmental activists, people who decided to speak out against various forms of oppression and paid the price of freedom for their actions. Anyone of these people could have at one time stood beside us in a demonstration, at a speak-out or even a organizing meeting. At any moment it could be us who finds ourselves in this situation, so it is imperative that we ensure that a strong community of support exists for these people as well as ourselves. The strength of our movement is determined by how much we support our fallen comrades.

### **GET INVOLVED:**

#### **People can participate in the following ways:**

- Be a runner/cyclist: We are asking people or groups who are running to collect as many sponsors for the run as possible. Remember the money received is going to help imprisoned comrades and local groups who need help.
- Sponsor a runner/cyclist: This can be done through a flat donation to the runner/cyclist of your choice.
- Sponsor Running Down the Walls: Any amount helps. Contact the Los Angeles Anarchist Black Cross if you wish to simply donate money. Organizations who donate more than \$35 will be added to list of sponsor organizations on the website and all fliers/posters.
- Donate to the Warchest: For the Warchest send funds to the Philadelphia ABC, indicating your desire for those funds to go to the Warchest. Please make checks and money orders to Tim Fasnacht. (Philadelphia ABCF P.O. Box 42129 Philadelphia, PA 19101).
- Organize a Running Down the Walls in your location: We wish to expand the solidarity runs in more cities and prisons. In past years we had runs in: Albuquerque (NM), Arcata (CA), Ashland, (OR), Bellefonte (PA), Boston (MA), Denver, (CO), Detroit (MI), Elmore (AL), Inez (KY), Marion (IL), Mexico City, New York (NY), USP. Navosta (TX), Pelican Bay (CA), Phoenix (AZ), Sandstone (MN), Tucson (AZ), Toronto, and Ontario.



#### **WHEN:**

Sunday, July 31<sup>st</sup>, 2011, 10 am - 4 pm

#### **WHERE:**

MacArthur Park, (south west corner), 2230 W. 6th St., Los Angeles, CA 90057



#### **REGISTRATION FEES:**

\$12 preregistration; \$15, the day of the run.  
(Make checks out to Tim Fasnacht)

#### **FOR MORE INFORMATION CONTACT:**

Los Angeles Branch Group of the Anarchist Black  
Cross Federation PO Box11223 Whittier, CA  
90603 la@abcf.net

**Check out the RDTW website:**  
<http://www.abcf.net/la>

# ***RUNNING DOWN THE WALLS 2011***



**July 31<sup>st</sup>, 2011 MacArthur Park,  
Los Angeles, CA 90057**



*"We ran down the walls and ran up the sun and we were glad to be doing it." -Jaan Laaman, Political Prisoner*